

## **Days for Girls Kitchener Ontario Canada Team**

Our local team makes and distributes over 1000 kits per year.

If you would like to join our sewing group, we sew the first and third Mondays of the month at:

St Teresa Roman Catholic Church  
44 Leonard St  
Kitchener, ON N2H 6C8  
9:30am to 4pm

We welcome donations of the following:

- Fabric-100% cotton for our shields and bags (bright and colourful)
- Flannelette (darker prints and solids)
- No bugs, faces, camouflage, animals, or words on the fabric as we respect the cultures of the countries receiving our kits.
- Panties-full briefs-sizes girls 10, 12, 14, and ladies small or medium-brightly coloured is best
- Lightweight washcloths
- Hotel size soap
- Large Ziploc brand re-sealable bags
- Spools of grosgrain ribbon
- Good quality serger thread

Monetary donations can be made on line through [Canada Helps](#)-please select **Days for Girls Kitchener Ontario Canada Team** when making your donation.

For more information please see our Facebook page

<https://www.facebook.com/Days-for-Girls-Kitchener-Ontario-Canada-Team-1474919262549980/?fref=nf>

Thank you to all the Guild members who generously donate fabric, supplies and time to our group throughout the year.

Fabia Joyce and Jan Hember