



Cheryl Arkison
May 11, 2022
Make Time for Play

In the afternoon, Cheryl Arkison, from Calgary, Alberta will join us. Cheryl will present her lecture called **“Make Time for Play”**. She shares that far too often we focus on the results, the product, the finish line in lieu of the process. A huge part of the process is simply playing. In quilting, it is about matching the pattern and perfecting our points but where is the release, the relaxation, the revelation in that? Play is an important part of a child’s development, but it shouldn’t stop when we become adults. This presentation is all about adding a spirit of play back into our creative pursuits. Cheryl’s 1.5-hour presentation will be one you will want to attend.

Cheryl has published three books: “Sunday Morning Quilts” (coauthored with Amanda Jean Nyberg) in which she is well known for her slab blocks. She has also authored “A Month of Sundays” and “You Inspire Me to Quilt”. She has travelled the world to teach quilting – and in the last two years has been a highly sought-after lecturer on Zoom.