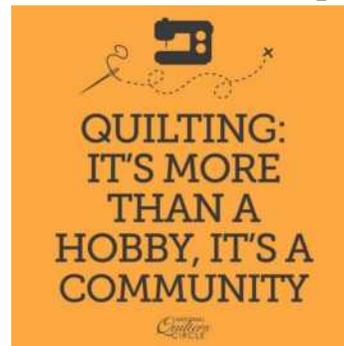


Waterloo County Quilters' Guild

SCRAPS OF WISDOM



President's Message: Happy Zooming to the New Norm...

This year – 2020 – will be one for the history books. How our lives have changed in just a few months, as we experience and carry on with our daily lives while being mindful of new health and safety protocols, practice social distancing, wear masks and create our “family or friends safety bubbles”.

As a guild we have moved our guild meetings and activities to the online format using Zoom. On behalf of the executive I would like to thank all guild members for remaining positive and optimistic and facing this new challenge as an opportunity to continue to move ahead as a guild. While this would not be our preferred method of operation, we are approaching the months ahead as an opportunity to welcome some new experiences and excellent speakers for our guild meetings and other activities within our organizations. I invite you to read the article written by our own Elizabeth King found later in the newsletter, where she describes her journey using Zoom.

Thank you to the many guild members who have so diligently continued to sew masks. This outreach has truly been an amazing accomplishment. While community groups have received masks, their needs may vary – increase and decrease over the weeks and months ahead as their clientele changes. Our mask totals will continue to be updated and shared in our weekly email communications to members.

September will be a busy month. Our Annual Meeting will take place on September 9th at 7:00 p.m. Zoom connection information will be sent out the day before. (This Zoom connection information will always be sent to members the day before any guild function.) You will also receive in a separate email the Annual Reports, Minutes of the 2019 Annual Meeting and the draft budget for 2020-2021. Members will be able to ask questions and we will vote using a built-in feature of Zoom called “polling”. Hosting and participating in an annual meeting on-line will be another first for us.

Our first guild meeting for the year will take place on Wednesday, September 16th at 7:00 p.m. For anyone wishing to participate in a refresher practice session on how to use Zoom, we plan to offer one or two practice sessions the first week of September. Information about these sessions will be sent out the last week of August.

In the meantime, enjoy the remaining days of our summer months. Soak up the sunshine and the warmth, enjoy the harvest of your gardens, walks in the community and all the benefits of summer. I look forward to seeing everyone soon as we gather on Zoom in the months ahead! - Inge Ford, President

All In-Person Guild Meetings including Mannheim Sewing Circle and Workshops have been cancelled until further notice.

The Waterloo County Quilters' Guild provides an opportunity for quilters to learn in a supportive, sharing, social environment. We encourage you to get the most out of your membership by becoming more deeply involved in the guild.

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Community Outreach



13,209 as of July 24th

Contact Inge Ford and let her know how many masks you've made so we can celebrate our progress!

10,000

Also
338 gowns & 837 scrub caps!

5,000

Keep up the good work!

Total masks produced by our guild and Days for Girls: **17,498!**

Membership Renewals 2020-2021

We are continuing to encourage everyone to complete their membership renewal by August 31st so that we have accurate numbers and information to proceed with compiling our Member's Handbook. Renewals can be mailed or delivered to Madeline Hughes.

For the upcoming year, each member will receive three documents sent by email (rather than a printed copy of the handbook as in previous years). One document will be the updated information section of the handbook. The second document will include the contact information for all members and the third one will be the photos and names. These documents can be saved to your computer (or printed from your computer). If updates to the membership lists are made during the year, you will receive an revised copy by email. Printed copies will be made available to the few members who do not have email addresses.

Guild communications will continue to be sent to current members until September 9th. After that date, only members who have renewed will receive the communications. While it will still be possible to renew your membership after September 9th, we are asking members, if possible, to make their decisions prior to that date in order to simplify the task of compiling everyone's contact information into the revised documents. Thank you to so many guild members who have already renewed.

If you are a guild member who does not have internet access and are questioning whether or not to renew your membership, please contact Madeline Hughes or Inge Ford to talk about how as a guild we might be able to support you in attending the meetings that will take place on-line for the foreseeable future.



Virtual Show and Tell for September

Please send pictures of your quilts, with a sentence or two about them to kathleenbissett@me.com by September 14th so they can be included in our virtual show and tell.

How to Hex: Table Runner

On-line Workshop with Janet Barker

This is the last call for anyone interested in participating in the on-line workshop lead by Janet Barker, from Calgary, Alberta, who shared a presentation at our June *"Sewing Together – But Apart"* day. Her *"How to Hex"* table runner pattern will be the project. The date for this workshop will be **Friday, August 14**, from 9:30 – 3:30, with a one hour follow up on another day about a week later. The cost for this workshop is \$30 and includes the cost of the pattern and the full day workshop. To the left is a photo of the table runners we will be making. If you are interested in reserving a spot for this workshop please send an email to fordinge@gmail.com. For those who have already registered, more information will be sent to you in a separate email.

SEPTEMBER PROGRAM

Welcome to another exciting guild year! We have a terrific lineup of speakers and workshops this year!

The Program Committee is so excited to start the year off with **Mary Fons!** For those few who may not be familiar with Mary, she is a writer and public speaker who specializes in the history of American quilts and the life of quilts in popular culture. **Mary will join our rescheduled Annual General Meeting on September 9th** from Chicago, where she will present 'The Mary Fons Trunk Show: Extreme Home Edition'.

Mary will share some of her own quilts as well as vintage quilts and inherited quilts. Mary is a self proclaimed quilt history junkie and will share the fascinating cultural context of the quilts in her trunk show. You won't want to miss Mary's educational and so entertaining presentation! For information about Mary, check out her website:

www.maryfons.com



For our first monthly guild meeting on September 16th, the Program Committee is happy to have **Lisa Walton** join us from Sydney, Australia! Lisa is a renowned fibre artist whose work has been recognized at international and Australian quilt shows. She is widely published and teaches in many countries globally. She was awarded the final Jewel Pearce Patterson Scholarship for Quilting Teachers by the International Quilt Association, Houston, Texas, USA.

Lisa's presentation, 'Leap and the Net Will Appear' will take you on her creative journey and you'll see how her work has developed over the years. To see Lisa's amazing work, go to her website: www.lisawaltonartist.com

To the guild members who participated in CQA's 'Gateway to Adventure' Challenge:

I have all your wonderful entries safely stored at my house. Due to Covid-19, we haven't been able to meet at a guild meeting where I could return your projects. I am happy to arrange a pick-up or delivery of your quilts. Please contact me at 519-578-7228 (text or voice message) or at mcfarlanejean5@gmail.com to develop a return plan.

Thank you, Jean McFarlane

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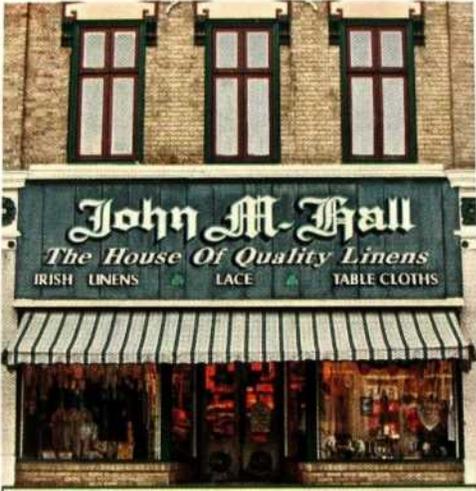



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If you know of a guild member who has become ill, please let our secretary, Doris Martin, know so she can send a get well card from all of us.

Isolation Challenge

In the May newsletter, guild members were invited to participate in an “Isolation Challenge” to help us focus on something other than the COVID-19 challenges and mask making, etc. The challenge was to create one or more 10.5 inch (unfinished) blocks using the theme, “The Value of Friends and Family”.

The construction of the block was to in some way address the theme, using any technique or colour of the quilter’s choice. Fabric was to come only from your stash – because at the time we were isolating at home, not going out to shop.

We had hoped to be returning to our guild meetings in the fall and quilters were invited to bring their completed block(s) to our first guild meeting. The blocks were going to be shared, displayed and celebrated. For each block submitted, the creator would receive a ballot. From these ballots, a winner would be selected and would receive all of the submitted blocks and using those blocks would be able to create a finished quilt for themselves or perhaps one of our community outreach programs.

Because we now recognize that we will not be meeting in person in the fall, we are going to ask that any completed blocks be submitted by September 9th. If anyone has made any “Isolation challenge blocks”, please mail them or deliver them to Inge Ford’s home – or call or email her to have them picked up. We also recognize that many quilters quickly moved to making masks and perhaps haven’t had an opportunity to participate in this challenge. Please contact Inge if you have any questions.

Sewing Together—But Apart

These sewing days will continue in the months ahead. Those who have participated in our two initial gatherings indicated they enjoyed the time spent together socializing, sewing and perhaps learning new skills. Plans are underway for these sewing days and will be shared in the near future.

Block of the Month



I hope you have enjoyed seeing the 9 blocks shown each month at our Guild meetings and in our Newsletter this year. Now is the time to enter our **BLOCK OF THE MONTH** contest. Take a pic of each item you make (pillow, small quilt, tote bag,

table runner etc.) using one of the Blocks of the Month and email it to dwertges@gmail.com. There will be a virtual show of all entrants in September and a winner will be drawn at our meeting for a \$50.00 gift. This is open to all members and you can enter as often as you wish. Best of luck to all!!





**Maria Wirth
Donates
50 Masks to
Local Grocery
Store**



Guild member Maria Wirth recognized the need in her local Sobey's grocery store for masks for their employees. She created and donated 50 masks, many of them personalized. A reporter from CTV came at Inge Ford's request on June 22 to interview Maria and film a clip that was aired on the 5 and 6 o'clock news that evening. Thank you for your caring heart, Maria!



Come ZOOM with Me

Being a member of the WCQG since 1999 has brought me much joy, the friendship of talented and engaging people and valuable learning opportunities. I have rarely, if ever, missed a meeting and enjoy workshops and use the library monthly. Then, WHOA! Spring 2020 arrived and our world, my world changed.

Our Executive lost no time; it created access to ZOOM, an internet platform. This was definitely not in my life's plan. I was quite happy calling myself a dinosaur and avoiding most things "techy". I could read and compose emails, bank, scan, google and use YouTube. I had no need to tweet, twitter, ZOOM, blog. What was a "platform" anyway?

Sadly and dangerously Covid19 invaded and dominated our lives – no more gatherings of any kind. If I wanted to continue with my Guild programs I could not ignore the invitations to learn how to ZOOM via the Guild. I had ignored the first invitation. Then I realized that Covid19 and its need for social distancing were looking as if the loss of large-group meetings would stretch into the Fall. I could not miss Guild programs and activities that long. I made the call. "Inge, please add me, the computer dinosaur, to the next instruction session."

Not only did the Guild Executive offer simple, succinct, easy-to-follow instructions, we newbies were provided with trouble-shooters a phone call away immediately when we were stuck. Now that is the way I like to learn: step-by-step with instant help available. Thank you Inge, Lew Ford and Bob Sandiford.

Practise sessions were offered prior to an actual event. I tapped on the code emailed to me and there was Inge, our president, greeting each of us, and teaching us how to mute, unmute to speak to her or others, to see who else was "zooming" on this session, how to talk to another member and more. Amazing!

When the first virtual Guild meeting occurred several days later with guest speaker, Kim Jamieson-Hurst from Calgary, I was ready, note paper in hand, because I was totally interested in "Conquering Your Fear of Free-Motion Quilting". The Executive had 4 trouble-shooters on hand, Lew and Bob, Lisa Van Galen and Marilyn Hollinger plus we had access to a "chat room" to allow questions for the speaker to be directed through members Sandy Bussey and Cathy Jurchuk.

Guild offerings increased. On June 25 members were invited to join one another for "Sewing Together – But Apart #2. This day was filled with conversation among members in small groups, a guest speaker, a guest demonstration, prizes and personal sewing and sharing. Additionally, in case you have finished all of your house cleaning and purging, I believe that our Executive is planning another "together but apart day".

Learning to ZOOM is truly a piece of cake. All the supports are in place for success. I admit to being very apprehensive and certain of being frustrated. I have to acknowledge the skill and encouraging manner of our teacher, Inge, and the presence of the support team. Try it: it works, is easy and best of all, I am not missing any Guild meetings or activities.

Hey, Executive, what is up for August?

Elizabeth "Dinosaur" King 07/20

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PAL Quilts



Left: These are PAL quilts being donated to the Palliative wing at St. Mary's Hospital. These were pieced by Judy Siegner using donated squares. They were machine quilted by Barbara Pye.

Below: This PAL quilt was pieced by Wendy Cressman and machine quilted by Barbara Pye.



Are you running low on batting? Just call Judy with your measurements! There is also backing available. With the annual report written, we are now starting on the new year!



70 Quilts have been completed this year for PAL!

Way to go, friends! Keep up the good work!

Thanks, Judy Siegner

Above: "Divvying Up the Quilts" photo by Marilyn Hollinger, taken in Judy Siegner's driveway. Cathy Potvin, Dianne Robertson, Marg Sandiford, Judy Siegner, Bonnie Murdoch, Edie Lowe, Marney Heatley and Marilyn Hollinger, wore masks, socially distanced and decided where the PAL quilts collected this year were destined.

**Corona Virus -
explained in craft
terms. You and 9
friends are crafting. 1 is
using glitter. How many
projects have glitter?**



STRIPPERS CLUB

... you all have your strips so now it's time to get sewing !! Remember to take a picture of your finished projects (pillow, tote bag, small quilt, table runner, etc.) and email it to dwettges@gmail.com. You get a ballot for every item you make. There will be a virtual slideshow in September of all the items made and a winner will be drawn at our meeting for a \$50.00 prize. Best of luck !!

IN MY SEWING ROOM *thou shalt not ...*

- ... ask when it will be finished
- ... cut anything with my fabric scissors
- ... request that I hem your pants
- ... speak to me when I have seam ripper in hand
- ... tell me I have too much fabric
- ... push buttons on my sewing machine
- ... bring me your clothes to iron
- ... pull on any loose threads
- ... wonder aloud why I'm still in my pajamas
- ... come looking for food—this is not the kitchen



CLASSIFIEDS

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Price: \$10 for each set of 4

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Darlene Ekmanis



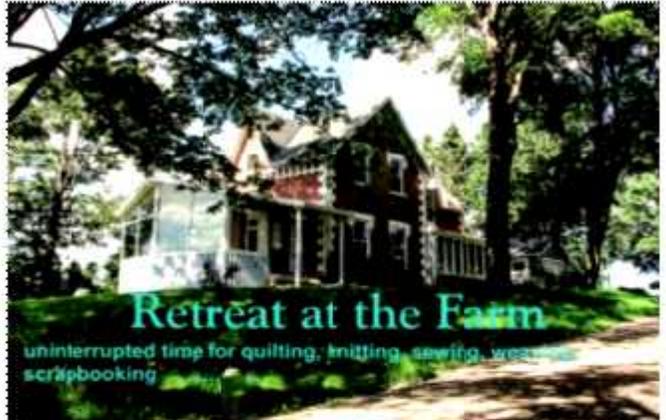
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Retreat at the Farm is accepting reservations for stays later in 2020.



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LIBRARY UPDATE

Many of you have signed out books from the library and are having a great time looking, dreaming and creating. Some of us are anxious to get the books back before they get lost in the shuffle. So, here is your great opportunity! Some members of the executive are going to put a box for these books at their house. Call the person who is most convenient to you to find out where the box is and let them know when you are coming. Put your books and a paper with your name in a plastic bag. Then drop the bag of books at their house, putting them in the box provided. We would like to have ALL books returned by the end of August. Remember to record the title and author of your book if you are planning on entering your project in the Library challenge.

Here are the names of people to contact for dropping of the books.

Madeline Hughes, Jean McFarlane, Cathy Jurchuk, Elaine LaRonde, Inge Ford and Kathy Janzen. Sorry the phone numbers and addresses are not included here for reasons of privacy. You will find them in your Guild handbook.

Thanks, Kathy Janzen, Helene Stevens

2021 Quilt Exhibit

Covid 19 has certainly altered summer plans for lots of people. Since many of us are having "Staycations" this year, you may be looking for a project for those days when it is too hot to work or play outdoors. This could be the perfect opportunity for planning and preparing your quilts, wall-hangings, etc. for our next quilt exhibit. Of course, this time could also be used to sew items for the Boutique table and small quilts for the Mini Quilt draw. Luckily, there are many sites on the internet with wonderful ideas for quilting projects, so have fun using your imagination and talent to create your items for the exhibit.

Plans for the 2021 Quilt Exhibit may be on hold at the moment, but let's hope that by this time next year we will be well on our way to creating another successful quilt show.

- Elaine La Ronde and Inge Ford, Quilt Exhibit co-chairs

Internet Resources for Quilters

Prepared by Inge Ford

Each spring quilters often head out to quilt shows, exhibits, perhaps participate in workshops or classes at these venues. I know I had my calendar filled with quilt shows this spring and was eagerly anticipating attending. This summer my husband and I had planned a trip to Hamilton, Missouri and I had even planned to go to the International Quilt Show in Houston, Texas in October – that was an exciting few months of quilt travel and quilt shop visits! Sadly, of course, these travels and quilt show visits were all cancelled. So – how can I still enjoy the quilts that would be displayed at each of these venues? Thankfully we have the internet that allows us to experience quilt events on-line. Here are just a few examples of what is now available to satisfy our quilt viewing while remaining comfortable and safe in our homes. Hope you enjoy these virtual tours.

Road to California 2020 – This quilt show took place in January, pre-lockdown. Someone calling herself @JollyMollyTV on YouTube was there and videotaped the whole show. You can enjoy a walk through all of the quilts, set to music. Because it's on YouTube you can pause on the quilts you want to view longer and skip ahead if you don't want to watch the whole 29 minute video. There are also at least two more videos where Jolly Molly TV takes more time with individual quilts and uses the zoom feature on her camera to good effect. Here is the link for the Road to California Quilt Show - <https://www.youtube.com/watch?v=u0L1dJUCW4>



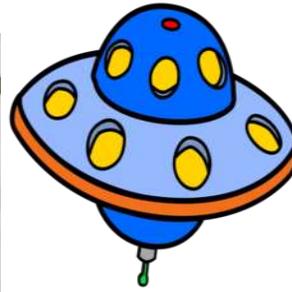
Sydney Quilt Show 2019 – You don't need to get on an airplane to get a taste of this quilt show. The 2020 show was unfortunately cancelled. Helen Godden of @helengoddenquilts does an 11 minute video walkthrough of her favourite quilts at the 2019 show. The video is well edited and she describes the details and talks about why she finds the quilts special. Again, this is YouTube so you can stop and pause for a closer look at any time. Here is the link for this great video walk through of some amazing quilts - <https://www.youtube.com/watch?v=s3gvK1owe3Y>



American Quilt Study Group – This group has just aired (July 18) its first virtual show of antique quilts. They hope to provide viewers with insight into the rich quilt heritage and share a glimpse of quilt makers from the past. It is a slide show of approximately 8 minutes and the quilts are quite amazing. Here is the link <https://www.youtube.com/watch?v=Zu8WrB5HL54&feature=share&fbclid=IwAR1sTUGInwRM4kF9AgUc98-YnB8d9aysvYyakZWBt2DEpzWY2lr9duHsfMs>



Franklin County Quilt Guild's Quilt Show in Sant Albans, Vermont is held annually – The most recent one took place April 6, 2019. Enjoy this hour long narrated tour of this quilt exhibit with some beautiful quilts and effective explanations. Great "eye candy". Here is the link - <https://www.youtube.com/watch?v=8Xnqe9JirQY>



UFO
CHALLENGE
COMPLETED



Doreen Bone won the prize with her "Fashion Ladies" shown at the left. The bathing beauty at the top was also an entry of Doreen's.

Below are placemats, hand pieced and hand quilted by Lynda Hayward, another entry to the UFO Challenge 2020.



PROGRAM COMMITTEE UPDATE

Every cloud has a silver lining, even during this unprecedented time. Although we miss our monthly in person meetings, the pandemic has brought new opportunities that would otherwise not be possible. Technology provides the means to have renowned quilters from across the globe host workshops in the comfort of our own homes. The Program Committee is reaching out to quilters in the UK, South Africa, USA and Canada to create an exciting line up of varied workshops that will appeal to our members. We'll keep you posted, so stay tuned!

- Your Program Committee

5 Health Benefits of Sewing

1. Relieves Stress

The meditative action of sewing encourages positivity and feelings of relaxation.

2. Promotes Brain Growth

The creative nature of sewing encourages the formation of new brain cells!

3. Happiness!

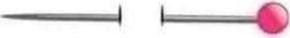
Sewing increases dopamine in the brain, which makes us feel HAPPY

4. Fights Dementia

Sewing keeps the mind clear, focused & active, which can help prevent dementia as we age.

5. Improve your Hand/Eye Coordination

Sewing requires a certain type of attention to detail, that encourages coordination, especially hand/eye.



I hear some people are starting to feel stressed in lockdown! Actually I was just talking about this with my sewing machine, and she seemed to agree. But when I asked the elastic, it just snapped back! I think it was stretched to its limit. So I tried to talk to the cotton, but it shrank away. The linen was in a bunch. The scissors were snippy. Even the stuffing was down. When I came around to ask the buttons, they just gaped. The snaps suggested I get a grip. Thankfully, the iron gave it to me straight and reminded me this will all be smoothed over soon.



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Our guild sent 134 blocks to the Bushfire Blocks - Quilts for Australia back in February. Over 800 quilts have been completed to date.

More quilt pictures are available on the facebook group “#bushfireblocks - Quilts for Australia”, where you will need to join the page, look under “Photos” and then click on “Albums”. Perhaps you’ll find your block! The quilts are being distributed to families who lost everything in the fires.



Each quilt is numbered and labelled with the label pictured below.



The Quilt Jeannie Fabric

Shop

I am so excited to share this information with all of you!

Windham Fabrics has finally remembered the Canadian Quilters and created this fabulous Christmas Quilt

The Quilt Jeannie Fabric Shop is very close to opening and we are receiving fabric and notion orders weekly. We are currently inviting people in by appointment only, please call 519-502-6064

Reserve the Christmas in Canada Quilt Kit \$175.00 with a \$25.00 deposit

The Quilt Jeannie Fabric Shop is also participating in the Lori Holt Prim Sew Along Starting August 24th Kits will be available

*The Quilt Jeannie Fabric Shop
35 Thomas St
Harriston, Ont
519-502-6064*



Marg Sandiford's 'Home Sweet Home' Row by Row quilt was included in the Summer 2020 edition of Canadian Quilter Magazine on page 70, answering the call for quilts that remind us of home during this time of isolation.



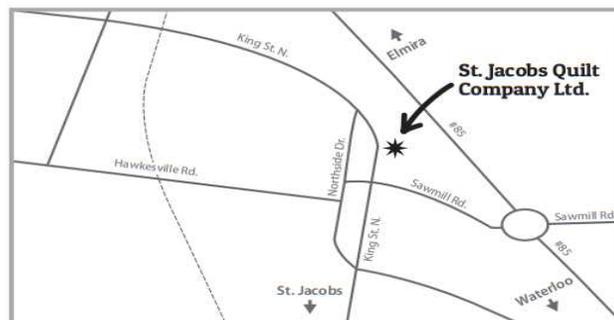
St. Jacobs Quilt Company Ltd.

We feature a growing selection of quality quilt and wideback fabrics, quilt batting and long arm quilting services.

We blend the quilt making passion of previous generations with the latest 21st century technology.

Tuesday to Friday 9:30 am to 5:30 pm
Saturday 9:30 am to 4:00 pm

1620 King Street North, Unit D | St. Jacobs, ON
519-664-7572 | www.SJQC.ca



St Jacobs Quilt Company Ltd. is **open** and is still a quilt store, along with making protective wear for front line workers. Phyllis is also happy to take phone orders and do curbside pickup for store merchandise.



Upcoming ONLINE Speaker and Workshop Information

August 14 - How to Hex - Table runner Online Workshop with Janet Barker

September 9 - AGM & Mary Fons

September 16 - Lisa Walton

October - Kathy Wylie

November - Gunnel Hag

January - Kathleen O'Flaherty

February - Kelly DuMaresq

March - Anna Hergert

April - Bill Stearman

May - Lorraine Roy

See the May and June
editions of Scraps of
Wisdom for details
about these upcoming
presentations

Elected Officers of the Guild 2019-2020

President: Inge Ford
Vice President: Jean McFarlane
Treasurer: Andrea Heimrich
Assistant Treasurer: Laura Huras
Secretary: Doris Martin
Past President: Deby Wettges

Standing Committees

Historian: Alin Chan
Librarians: Jean Simpson & Donna McKay
Membership: Madeline Hughes (E)
 Pat Lockyer (E)
 Kitty Mitchell (E)
 Betty Anne Scott (A)
 Bettie Schuurman
Newsletter: Marg Sandiford
 Pat Lockyer - Mailings
Advertising Coordinator : Marg Sandiford
Program & Workshops: Barbara Pye,
 Sandra Bussey, Sylvia Fernley &
 Cathy Jurchuk
Quilt Exhibit: Elaine LaRonde & Inge Ford,
 Co-chairs
Website: Kathy Bissett



Quilting Months Ahead

Month	Day	Activity
August	14	How to Hex - Online Workshop with Janet Barker
September	9	Annual General Meeting Online 7pm With Speaker: Mary Fons, Chicago, Illinois
September	16	September Guild Meeting Online 7pm With Speaker: Lisa Walton, Sydney, Australia

Our website: <http://www.wcquiltersguild.on.ca/>

Newsletter Deadline for September 2020 issue is August 27, 2020