

# Smile Quilt Guidelines

## **Sizes:**

36" x 42" for ages 0-4 years

48" x 60" for children up to age 10 and

48" x 72" for ages 11 to 18

**Fabric:** new, pre-washed, good quality fabric (cotton, cotton blends, broadcloth)

**Backing:** flannelette or fleece for warmth

**Batting:** polyester preferred (it dries faster)

**Quilting:** machine or hand-quilting (not knotted)

**Ideas:** theme quilts are popular using fabric with any of the following images: hockey, soccer, baseball, dinosaurs, cars, wolves, horses, airplanes, dogs, cats, unicorns.

**Colours:** quilts done in shades of the same colour are also good: blue, purple, pink, green. Bright colours are cheery, so let your imagination go.

**Signed:** please sign and date the quilt so the family of the recipient can attach a name to the "stranger" who cares about them.

Smile Quilt  
Waterloo County Quilters' Guild  
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Made by \_\_\_\_\_